Every thing you experience in the day is replayed at night, but in role play. If you suggest to a person bullying, laughing, sex, romance, hateful or loving, they replay it through role play in their dream cycle. There is a reason why the bible has the word covert in some of the 10 commands.

The more you dwell on something due the day, the more you process it during the night. You may never hit some one, sex with some one, or anything else you imagine doing in the physical world, but you sure as hell do it at night in the cognitive reality.

This is why victims of crime, suffer so long, because its relived every night they think about it. The brain never gives up until questions are answered, and filed. Even then, its recalled if its used in understanding another bit of stimuli to be processed later on in life.

So just remember what ever your thinking now that you would like to do with me or to me now, we will be doing it and more in your dream cycle tonight, converting mid-term memory to long-term memory.

Pleasant dreams !!!
What are we doing tonight? | LinkedIn

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